

### What Is Evidence-Based Practice?

[https://fpg.unc.edu/sites/fpg.unc.edu/files/resource-files/FPG\\_Snapshot33\\_2006.pdf](https://fpg.unc.edu/sites/fpg.unc.edu/files/resource-files/FPG_Snapshot33_2006.pdf)

*Some would argue that evidence-based practice (EBP) and research-based practice are the same thing. This snapshot defines EBP as “a decision-making process that integrates the best available research evidence with family and professional wisdom and values”—in other words, a balance of scientific proof and professional and family experience and values.*

### A Guide to Teaching Practices <https://stemie.fpg.unc.edu/guide-teaching-practices>

*This publication highlights six evidence-based teaching practices that may be used by adults (e.g., family members, practitioners) or, in some instances, by other children, to help facilitate children’s participation in everyday routines, learning experiences, and activities. Each practice (e.g., scaffolding, modeling) is summarized and examples of how to use the practice are provided in English and Spanish. Using these strategies engages children in activities, maintains their interest, and provides opportunities for them to learn concepts and thinking skills that support learning when using adaptations.*

### Practice Improvement Tools: Using the DEC Recommended Practices <https://ectacenter.org/decrp/>

*The DEC Recommended Practices were developed to provide guidance to practitioners and families about the most effective ways to improve the learning outcomes and promote the development of young children, birth through age 5, who have or are at-risk for developmental delays or disabilities. To support implementation of these evidence-based practices, tools and resources were developed and organized around eight topics (e.g., family, environment, assessment). The tools, which include performance checklists, practice guides, and professional development guidance materials, are available in English and Spanish, and in multiple formats.*

### What Works Clearinghouse <https://ies.ed.gov/ncee/wwc/>

*The What Works Clearinghouse, housed at the U.S. Department of Education’s Institute of Education Sciences, is a source to support evidence-based decisions for classrooms and schools. What Works Clearinghouse produces practice guides and reports with offers recommendations on interventions in various topical areas.*

### Promising Strategies for Supporting Dual Language Learners, Regardless of the Languages Teachers Speak

<https://www.air.org/sites/default/files/2022-06/First-5-DLL-Instruction-Brief-3-Language-Independent-Strategies-June-2022.pdf>

*This 2022 compilation is an example of a set of strategies that can effectively support dual language learners, such as specific environmental supports and materials in the classroom that foster cultural and linguistic continuity between home and school.*

### Delivering on the Promise of Effective Early Childhood Education for Black Children: Eliminating Exclusionary Discipline and Concentrating on Inclusion <https://tinyurl.com/4huh4879>

*This publication is an example of evidence-based practices and recommendations that are consistent with inclusive and affirming learning environments for Black children.*

### Autism Focused Intervention Resources & Modules: Selecting an EBP <https://afirm.fpg.unc.edu/selecting-ebp>

*With a number of potential EBPs to choose from, it is important to follow a process to select the most appropriate practice for your learner. This website offers both a process and access to information about the EBPs.*

Natural Resources is a free, monthly, one-way listserv. Each issue features readily available and free resources on a specific topic related to children from birth through age 8 and their families. **Highlighted resources are available in English and Spanish. *Los recursos destacados están en español.*** Natural Resources is compiled and distributed by Camille Catlett. Past issues are archived at <https://scriptnc.fpg.unc.edu/natural-resources-monthly-newsletter> To subscribe or unsubscribe, please contact Camille Catlett at [camille.catlett@unc.edu](mailto:camille.catlett@unc.edu)