natural RESOURCES

Universal Design for Learning Basics from CAST
Here are two foundational resources from CAST, the organization that put UDL on the radar of educators who support learners of all ages.

- **Universal Design for Learning at a Glance** https://www.youtube.com/watch?v=bDvKnY0g6e4&t=46s (English)
  https://www.youtube.com/watch?v=KNbHew448yE (Spanish)
  This video shows how minimizing barriers and maximizing learning are at the heart of UDL. Though it doesn't specifically speak to infants and toddlers, the foundational concepts of UDL are, themselves, universal and apply to children of any age.

- **UDL Guidelines** https://udlguidelines.cast.org/ (English)
  https://udlguidelines.cast.org/binaries/content/assets/udlguidelines/udlg-v2-0/udlg-graphicorganizer-v2-0-spanish.pdf (Spanish)
  These guidelines offer a set of concrete suggestions that can be applied to any discipline or domain to ensure that all learners can access and participate in meaningful, challenging learning opportunities.

Using a Universal Design for Learning Framework to Enhance Engagement in the Early Childhood Classroom
https://eric.ed.gov/?id=EJ1185417
How does the UDL framework align with other early childhood frameworks you are currently using, like the NAEYC's Developmentally Appropriate Practice (DAP) or DEC's Recommended Practices? This research article explores the connections among these three frameworks and how they may be used together to promote engagement for young children. NOTE: The article is based on the 3rd edition of the DAP position statement which was updated in 2020.

Curriculum Modifications: An Introduction https://eclkc.ohs.acf.hhs.gov/video/curriculum-modifications-introduction
An understanding of UDL and the use of multiple means of engagement, representation, action/expression can lead educators to using curriculum modifications that support each and every child. This set of materials includes an online module with embedded video examples and learning activities for applying the new content in effective ways.

Creating Inclusive Environments and Learning Experiences for Infants and Toddlers
https://childcareta.acf.hhs.gov/infant-toddler-resource-guide/inclusive-environments (English)

https://childcareta.acf.hhs.gov/infant-toddler-resource-guide/incluyendo-bebes-y-ninos-pequenos-con-discapacidad-o-sospecha-de (Spanish)
This article highlights opportunities to use UDL approaches to support the inclusion and full participation of infants and toddlers.

A Gumdrop: The 7-10 Split or Bowling for Inclusion https://youtu.be/RYtUlU8MjlY
How is teaching diverse young children like bowling? Watch this video from Dr. Shelley Moore to find out. Then consider the following: Were you or someone in your family "outside pin" learners? What was that like? And how can you use your knowledge of UDL to create effective ways to support children who are 7-10 split learners?