

The use of the term “father” in this document, **consistent with Head Start protocol**, refers to “*fathers and other men who play a significant role in raising a child. This person may be a biological father, adoptive father, or stepfather. He may be a grandfather, another adult male family member, a foster father, a guardian, or a significant other.*”

## Fatherhood Programs Can Support Fathers’ Healthy Relationships with Children and Coparents

<https://www.childtrends.org/blog/fatherhood-programs-can-support-fathers-healthy-relationships-with-children-and-coparents>

Research has shown that **positive father-child involvement leads to better outcomes for children and families**, and a critical component of **improving fathers’ involvement with their children is supporting their coparenting and romantic or intimate relationships**. This blog summarizes findings from Child Trends’ Coparenting and Healthy Relationship and Marriage Education for Dads project, which studied staff and participant experiences in nine fatherhood programs. The full October 2021 report of findings is available at [https://www.acf.hhs.gov/sites/default/files/documents/opre/charmed\\_results-from-a-qualitative-study-of-staff-and-participant-experiences-in-fatherhood-programs.pdf](https://www.acf.hhs.gov/sites/default/files/documents/opre/charmed_results-from-a-qualitative-study-of-staff-and-participant-experiences-in-fatherhood-programs.pdf)

## Birth to 5 Father Engagement Guide

<https://eclkc.ohs.acf.hhs.gov/family-engagement/birth-5-father-engagement-guide/birth-5-father-engagement-guide> (English)

<https://eclkc.ohs.acf.hhs.gov/es/compromiso-de-la-familia/birth-5-father-engagement-guide/descargue-la-guia-de-participacion-del-padre-desde-el-nacimiento-hasta-los-5-anos> (Spanish)

This practical guide is designed help early childhood program staff learn how to build strong, meaningful, and authentic relationships with fathers. The topics include Strategies to Support Father Engagement, Creating Father-Friendly Environments, Strategies to Promote Father Engagement in Their Children’s Teaching and Learning, and others A companion collection of three archived Fatherhood Connection webinars is also available at <https://eclkc.ohs.acf.hhs.gov/family-engagement/article/fatherhood-connection-webinar-series> (English) and <https://eclkc.ohs.acf.hhs.gov/es/compromiso-de-la-familia/articulo/serie-de-webinarios-de-conexion-parental> (Spanish). While the examples focus on Head Start and Early Head Start, they are much more broadly applicable.

## Dads Can Make a Difference! Getting Dads of Children with Autism Involved in Intervention

<http://www.hanen.org/Helpful-Info/Articles/Dads-Can-Make-a-Difference!-Getting-Dads-of-Childr.aspx>

This online article summarizes the differences between the ways mothers and fathers interact with their children, and the unique role they each play in the development of their children’s social and communication skills.

## Men and Care in the United States [tinyurl.com/2v36kps2](https://tinyurl.com/2v36kps2)

This collection from the Men and Care project of the Better Life Lab features reports (e.g., A Portrait of Caring Black Men, What New Research Reveals About Men and Care Work), op-eds, blog posts, and more.

**A Gumdrop** - Don’t miss this sweet Tik-Tok clip of a father’s first time holding his baby.

[https://www.tiktok.com/@sarbeeston/video/6887287469297962245?is\\_copy\\_url=1&is\\_from\\_webapp=v1&utm\\_medium=email&utm\\_source=email\\_link&utm\\_content=VE\\_Fatherhood\\_09232021&utm\\_campaign=Q4\\_2021\\_PAMS+Virtual+Events](https://www.tiktok.com/@sarbeeston/video/6887287469297962245?is_copy_url=1&is_from_webapp=v1&utm_medium=email&utm_source=email_link&utm_content=VE_Fatherhood_09232021&utm_campaign=Q4_2021_PAMS+Virtual+Events)

Natural Resources is a free, monthly, one-way listserv. Each issue features readily available and free resources on a specific topic related to children from birth through Grade 3 and their families. **Highlighted resources are available in English and Spanish.** Natural Resources is compiled and distributed by Camille Catlett. Past issues are archived at <https://scriptnc.fpg.unc.edu/natural-resources-monthly-newsletter> To subscribe or unsubscribe, please contact Camille Catlett at [camille.catlett@unc.edu](mailto:camille.catlett@unc.edu)