

Daily Activities that Encourage Children's Language Skills

At Meal Times

Name each food - "Applesauce," "cereal." Talk about the food - "sweet applesauce", or lumpy cereal."



At play time

Play simple talking and touching games with your baby. Ask where is your nose?" Then touch her nose and say playfully, "There's your nose!" Do this several times, then switch to an ear or knee or her tummy. Play "peek-a-boo" and "pat-a-cake."

In the park or car

Bring your child's favorite book and read to her in the park and make the child keep busy while you're driving.

At bath time

Put a plastic bath time book or toys like a duck or fish in the bathtub. If she splashes, you say, "You made a big splash, wow, it was huge! The water got all the way up to your eyes."

At the store

Talk to your child and ask questions, "Which color is red?" "What kind of ice cream do you like?" "What else do you see in here?"

In the kitchen

Teach your child to be a helper by asking him to find things. Give him pots and pans or measuring spoons to play with. Ask him what he is doing and answer his questions.

At bed time or nap time

Read bedtime stories or sing a lullaby is a quiet routine for your baby. Your baby can sleep while he is listening to your own stories.

