natural **GSOUICES**

Free resources for learning about and using trauma-informed practices January 2022

From Knowledge about Trauma to Classroom Application

https://scholarscompass.vcu.edu/cgi/viewcontent.cgi?article=7871&context=etd

This research revealed that while preservice teachers generally have a positive attitude toward trauma-informed practices, they lack the knowledge and skill for applying those practices. The author suggests that future teachers would benefit from more explicit connections between practicum experiences and trauma-informed practices.

Beyond the ACE Score: Perspectives from the NCTSN on Child Trauma and Adversity Screening and

Impact https://www.nctsn.org/sites/default/files/resources/special-resource/beyond-the-ace-score-perspectives-from-the-nctsn-on-child-tauma-and-adversity-screening-and-impact.pdf

This 2021 resource provides an overview of the concepts of Adverse Childhood Experiences (ACEs) and childhood trauma, highlights the gaps that remain in our understanding of the impact of childhood trauma and adversity on mental and physical health, and describes how these terms (childhood trauma vs. adversity) differ. This resource also offers providers, family advocates, and policymakers recommendations for ways in which ACEs and other childhood trauma-related concepts and resources can be combined to advance care for children and families who have experienced trauma.

The National Child Traumatic Stress Network (NCTSN) http://www.nctsn.org/

This website offers resources about identifying different types of child trauma, signs of exposure, and the effects of trauma on children. Resources are available for specific audiences including professionals, family and caregivers, school personnel, and policymakers. The site includes resources for addressing traumatic grief (i.e., the sudden death or loss of a loved one). NCTSN recently produced a resource guide for school administrators and staff (*A Trauma-Informed Resource for Strengthening Family-School Partnerships*). Some resources are available in Spanish.

Culture and Trauma https://www.nctsn.org/trauma-informed-care/culture-and-trauma

Cultural awareness, responsiveness, and understanding need to be infused throughout every level of an organization to be most effective in addressing the needs of children who have experienced trauma. This section of the NCTSN website offers resources related to disparities in mental health care, racial justice and trauma, cultural and linguistic competency and trauma, and more. Some resources are available in Spanish.

FREE WEBINAR: What You Don't Know About ACES (Adverse Childhood Experiences): Part 2

Adverse Childhood Experiences or ACEs is one of the most widely used terms when discussing the traumatic events that occur in childhood (0-17 years) such as experiencing violence, abuse, or neglect. On February 17, 2022 at 1:00 – 2:00 PM EST, SCRIPT-NC will host a free webinar for faculty, professional development providers, and other early childhood leaders. This webinar will share examples of how to integrate early childhood trauma-responsive practices in teaching and professional development. Register for the webinar at https://unc.zoom.us/meeting/register/tJ0rcO-tqDMuGN2q17fUThwo0daObljb75ol

NOTE: What You Don't Know About ACES: Part 1 unpacked what's important to know about ACEs in an October 2021 webinar. The presenters strongly encourage you to watch the <u>archived recording of Part 1</u> before participating in Part 2.

Natural Resources is a free, one-way listserv that is distributed monthly. Each issue features readily available and free resources on a specific topic related to children from birth through Grade 3 and their families. Resources in English and Spanish are highlighted. Natural Resources is compiled and distributed by Camille Catlett. Past issues are archived at https://scriptnc.fpg.unc.edu/natural-resources-monthly-newsletter To subscribe or unsubscribe, suggest resources, or get more information, please contact Camille Catlett at camille.catlett@unc.edu