

Free resources for promoting and supporting child safety

February 2021

A thoughtful colleague suggested the topic for this month's issue and encouraged specific attention to safety for young children with disabilities.

A Parent's Guide to Child Safety

https://sklarimer.files.wordpress.com/2020/07/a parents guide to child safety-3.pdf

This book is dedicated to protecting children from preventable injuries. In the United States, injuries are the number one cause of death to children. Around the world, a child dies every minute from an injury that could have been prevented. This guide has proven advice and top tips from safety experts to help families reduce risks, prevent injuries and keep kids safe at home, at play and on the road. It is laid out as a series of infographics with one or two formatted pages for each topic. The content is clear and would also be relevant to share with caregivers or programs that support young children.

Information on Safety in Home and Community for Parents with Infants, Toddlers, and Young Children

https://www.cdc.gov/parents/infants/ (infants and toddlers)

https://www.cdc.gov/parents/children/ (children 4-11)

The Centers for Disease Control and Prevention has a comprehensive site with resources that are organized by the age of the children and by topic. The Infants & Toddlers (0-3) site is and the Children (4-11) site is

Keeping Children with Disabilities Safe

https://www.cdc.gov/ncbddd/disabilityandsafety/child-safety.html (English)

https://www.cdc.gov/ncbddd/spanish/disabilityandsafety/child-safety.html (Spanish)

Finding the right information and learning about the kinds of risks children might face at different ages is often not easy for parents of children with disabilities. Each child is different – and the general recommendations that are available to keep children safe should be tailored to fit your child's skills and abilities. This site offers steps and suggestions that may be helpful for families and caregivers.

Tips for Keeping Children Safe: A Developmental Guide

https://eclkc.ohs.acf.hhs.gov/safety-practices/article/tips-keeping-children-safe-developmental-guide (English) https://eclkc.ohs.acf.hhs.gov/es/practicas-de-seguridad/articulo/consejos-para-proteger-los-ninos-una-guia-de-desarrollo (Spanish)

During the first five years, children constantly acquire new skills and knowledge. Caregivers who know what children can do and how they can get hurt can protect them from injury. This tool provides safety tips for early childhood staff working with young children in classroom environments, with tips organized by age (young infants, mobile infants, toddlers, and preschoolers). Each section includes a description of development and safety tips organized by daily routines like diapering and toileting, feeding, sleeping, and play.

Health, Safety https://www.naeyc.org/resources/topics/heath-safety

This section of the National Association for the Education of Young Children (NAEYC) website features free resources for families and professionals about health and safety. You'll find information that ranges from promoting gun safety to supporting medically fragile children and their families. Even the National Health and Safety Performance Standards are available to download.

Natural Resources is a free, one-way listserv that is distributed monthly. Each issue features high quality, readily available, and free resources on a specific topic related to children from birth through Grade 3, their families, and the professionals who serve and support them. Resources in Spanish are highlighted. Natural Resources is compiled and distributed by Camille Catlett, and past issues are archived at https://scriptnc.fpg.unc.edu/natural-resources-monthly-newsletter To subscribe or unsubscribe, suggest resources, or get more information, please contact Camille Catlett at catlett@unc.edu