natural resources

Free resources to support learning at home for young children

April 2020

30 Days of Good Things for Young Children

The talented women at **Good Things for Young Children** have created a set of developmentally appropriate ideas to engage with children and made those resources available in English and Spanish. The activities support learning and development across all domains.
https://ec66a173-09bc-407a-ba3b-3357166208f4.filesusr.com/ugd/da44eb_8d45510f0bd64fa8bf7e8579b2dc332e.pdf (English)
https://ec66a173-09bc-407a-ba3b-3357166208f4.filesusr.com/ugd/da44eb_78917cfdfac547fca37aadab9d18e875.pdf (Spanish)

The Australian Parenting Website

This amazing website with ad-free videos, articles, and apps for families, is supported by the Australian government. It features resources for children of all ages from newborn on, and includes sections with specific emphasis on children on the autism spectrum and children with disabilities. **https://raisingchildren.net.au/**

Fun and Learning for Parents and Children: An Activities Handbook

Families may find this online booklet helpful. It contains fun activities for parents and children to do together at home, away from home, indoors, and outdoors.
https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook

NAEYC for Families

A good way to see all the options at this site is to click first on the top left box that says "Browse Articles By Topic." You'll find lots of information and ideas organized by topics that range from play to math and includes playful approaches to math! Select a topic, then enjoy the many options that are available.
https://www.naeyc.org/our-work/fr-families

Play by Age

This website is set up to assist readers in locating activities that will playfully support learning and development. The activities are developmentally appropriate for each age category and support multiple domains.
https://www.learning4kids.net/

Vroom

Vroom is a set of tools and resources from the Bezos Family Foundation designed to inspire families to turn everyday moments into "brain building moments" by layering activities that are essential to healthy brain development onto existing routines. **Vroom's website** offers a variety of tools to download for free, as well as a mobile app that provides easy access to daily "brain building" activities. Many resources are available in English and Spanish. Check out examples of Vroom videos at **https://www.youtube.com/user/joinvroom** and learn more at **https://www.vroom.org/**

ZERO TO THREE

Click on one of the three topical headings (early development and well-being, early learning, parenting) to find articles, tools, podcasts, and videos for engaging and supporting infants and toddlers, some of which are available in Spanish. **https://www.zerotothree.org/**

Natural Resources is a free, one-way listserv that is distributed monthly. Each issue features high quality, readily available, and free resources on a specific topic related to children from birth through Grade 3, their families, and the professionals and systems that serve and support them. Resources in Spanish and English are highlighted in yellow. Natural Resources is compiled and distributed by Camille Catlett, and past issues are archived at **https://scriptnc.fpg.unc.edu/natural-resources-monthly-newsletter** To subscribe or unsubscribe, suggest resources, or get more information, please contact Camille Catlett at **camille.catlett@unc.edu**